

**SUPPORT GROUPS AND CLASSES** St. Luke's offers support groups and classes focused on a variety of topics such as job loss/transition, divorce recovery, and grief.

## Outside Support Groups

The following groups meet at St. Luke's. You are invited to join their activities as indicated.

### ALCOHOLICS ANONYMOUS: UPON AWAKENING A.M.

**Meeting Time/Place:** Room 128; Daily 6:45am:  
Tues & Thurs: Closed Meetings;  
All other days - Open Meetings  
**Contact:** 303-322-4440 Denver Central Office  
or [www.daccaa.org](http://www.daccaa.org)

### HIGHLANDS RANCH FAMILY AL-ANON

Offers Understanding, Hope, Strength, and Support to families and friends of alcoholics. All are welcome!

**Meeting Time/Place:** Tuesdays noon-1:00pm or 7:30-8:30pm

### NARCOTICS ANONYMOUS

**Meeting Time/Place:**

**Natural High:** Thurs. 7:30-9:00pm, Varied Format;

**Together We Can:** Mon. 7:30-8:30pm, Discussion

**Contact:** [www.nacolorado.org/denver](http://www.nacolorado.org/denver)



If St. Luke's does not offer the type of support you may need, we will make every effort to connect you to additional resources, support networks, and care providers within our community.

Bear one another's burdens,  
and in this way  
you will fulfill  
the law of Christ.

– Galatians 6:2

As I have loved you,  
so you must love  
one another.

– John 13:34b



**St. Luke's United Methodist Church**

8817 S. Broadway • Highlands Ranch, Colorado 80129

office 303-791-0659 • fax 303-470-5615

office@stlukeshr.com • [www.stlukeshr.com](http://www.stlukeshr.com)

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# Supporting our Community

2017



### Contacts:

Rev. Dr. Sallie Suby-Long  
Lead Minister of Spiritual Life  
303-791-0659 x132  
sallie@stlukeshr.com

Rev. Jessica Rooks  
Lead Minister of Community Life  
303-791-0659 x109  
jessica@stlukeshr.com

Rev. Ryan Canaday  
Lead Minister of Worship & Missional Life  
303-791-0659 x112  
ryan@stlukeshr.com

Kim DeVries  
Office Administrator  
303-791-0659 x110  
office@stlukeshr.com



## Support Groups & Care Ministries

**Rev. Dr. Sallie Suby-Long**  
Lead Minister of Spiritual Life

We all experience challenges in life—times when we could benefit from extra support and care. St. Luke's has an excellent care ministry network that is designed to meet people's needs in a variety of circumstances. If you or someone you know may benefit from these ministries, I encourage you to contact me so we may have a confidential conversation to connect you with the care ministry or resources that may be helpful to you. You may reach me at 303-791-0659 x132 or [sallie@stlukeshr.com](mailto:sallie@stlukeshr.com) —Rev. Dr. Sallie Suby-Long

**PRAYER TEAM** The Prayer Team at St. Luke's meets bi-weekly to pray for concerns on the prayer chain and prayer request cards. This team of caring individuals is dedicated to praying for the needs of our congregation, families, friends, and community. The Prayer Team ministers together with Pastors, Caring Connection, and Stephen Ministry.

**Spiritual Gifts:** Mercy, Faith, Evangelism, Healing, Miracles

**Meeting Time/Place:** 1st & 3rd Wednesdays, 11:00am

**Contact:** Sallie Suby-Long 303-791-0659 x132 or [sallie@stlukeshr.com](mailto:sallie@stlukeshr.com)

**CARE AND COUNSELING** Rev. Sallie, Rev. Jessica, and Rev. Ryan offer short-term care, counseling, and referrals for individuals, couples, and families experiencing many life circumstances.

**Contact:** Sallie Suby-Long 303-791-0659 x132 or [sallie@stlukeshr.com](mailto:sallie@stlukeshr.com)

**BENEVOLENCE FUND** provides support for those in need who are not directly connected with St. Luke's.  
**Contact:** Rev. Jessica Rooks, Rev. Sallie Suby-Long or Rev. Ryan Canaday 303-791-0659

**CARING CONNECTION** provides support to members of St. Luke's and the surrounding community by making visits, taking meals to families in need, running errands or providing transportation.  
**Spiritual Gifts:** Helps, Hospitality, Mercy, Faith, Giving, Evangelism, Healing  
**Meeting Time/Place:** varied  
**Contact:** Maryellen Davis 303-798-2713 or [mmcdavis61@gmail.com](mailto:mmcdavis61@gmail.com)

**THE SAMARITAN FUND** provides financial support and assistance for those who are part of our St. Luke's family.  
**Contact:** Rev. Jessica Rooks, Rev. Sallie Suby-Long or Rev. Ryan Canaday 303-791-0659

**HOLY LISTENING** When children face challenges and painful situations, the most helpful thing we can do is listen to them. Holy listening is when we listen without trying to fix, without making judgments, and without minimizing the feelings of the child. The goal of holy listening is to help the child feel comfortable enough to describe the pain they feel without causing them to feel ashamed for the feelings they have and begin their healing. We invite God to be present and guide us throughout the process.  
**Contact:** [sam@stlukeshr.com](mailto:sam@stlukeshr.com) or [sharon@stlukeshr.com](mailto:sharon@stlukeshr.com)

**PARENTS OF YOUNG ADULTS WITH BIPOLAR/DEPRESSION** offers support and education for those parenting older children with Mood Disorders/Depression.  
**Meeting Time/Place:** 1st & 3rd Weds. at 6:30pm  
**Contact:** Sallie Suby-Long 303-791-0659 x132 or [sallie@stlukeshr.com](mailto:sallie@stlukeshr.com)

**PRAYER REQUESTS** Prayer requests support our church family. They may be phoned in, sent via our website ([www.stlukeshr.com](http://www.stlukeshr.com)) or by filling out a prayer request card and returning it to the office.  
**Spiritual Gifts:** Mercy, Faith, Healing, Miracles  
**Contact:** Kim DeVries 303-791-0659 x110 or [office@stlukeshr.com](mailto:office@stlukeshr.com)

**GRIEF SUPPORT GROUP** for those who are grieving the loss of a loved one or friend.  
**Contact:** Nancy Abbott, [abbott7212@msn.com](mailto:abbott7212@msn.com)

**FAITHFUL FRIENDS** offer care and friendship to individuals in care centers, those who may be dealing with long term health challenges, and individuals who may have difficulty getting to St. Luke's on a regular basis. **Contact:** Nancy Abbott [abbott7212@msn.com](mailto:abbott7212@msn.com)

**CENTER FOR SPIRITUAL ENGAGEMENT (CSE)** The purpose of CSE is to promote healing and wholeness by creating opportunities for authentic connection and by providing experiences that inspire and transform. (See CSE pamphlet for more information or go to [www.stlukescse.org](http://www.stlukescse.org)).

**STEPHEN MINISTRY** equips lay persons to provide distinctively Christian one-to-one care to those who are experiencing all kinds of life needs and circumstances. Stephen Ministers complete fifty hours of initial training in caring ministry skills,



participate in regular support and supervision, and are committed to preserving the confidential nature of the caring relationship. Stephen Leaders at St. Luke's are Nancy Abbott, Bob West, Melinda Davidson, Laura McCarthy and Sallie Suby-Long. Please contact a Pastor or Stephen Leader if you are interested in receiving care.

**Spiritual Gifts:** Mercy, Faith, Evangelism, Wisdom, Pastoring/Shepherding, Encouragement/Counseling, Healing, Miracles

**SPIRITUAL DIRECTION** Spiritual Direction/ Mentoring supports individuals who are discerning life choices, embracing changes and transition, negotiating life challenges, recognizing important insights, and seeking greater self-awareness. The one-on-one process encourages attentiveness to what is sacred in all life circumstances. This ministry is offered by individuals who have completed specialized, professional training as Spiritual Directors.